

## Track FAQ's 2022

1. **When does track start and end?** Track season will start Monday 2-14-22 and end 4-11-22.
2. **Where can I find the track schedule?**  
[https://www.rankone.com/Schedules/View\\_Schedule\\_Web.aspx?P=0&D=61624949-BADB-4F5C-8AA8-C76E5C426A89&S=4980&Sp=37&Tm=92193&L=15&Mt=0](https://www.rankone.com/Schedules/View_Schedule_Web.aspx?P=0&D=61624949-BADB-4F5C-8AA8-C76E5C426A89&S=4980&Sp=37&Tm=92193&L=15&Mt=0)
3. **Who are the coaches and what event will they be coaching?** Each coach will be responsible for coaching both boys and girls unless otherwise stated.
  - *Head Boys Track* - Troy Johnson, [tjohnson@prosper-isd.net](mailto:tjohnson@prosper-isd.net) - **Boys sprinters/relays & High Jump**
  - *Head Girls Track* - Adrienne Forrest, [adforrest@prosper-isd.net](mailto:adforrest@prosper-isd.net) - **Girls sprinters/relays and hurdlers**
  - Asst Track - Allan Holder, [amholder@prosper-isd.net](mailto:amholder@prosper-isd.net) - **Long Jump**
  - Asst Track - Jason Dangerfield, [jcdangerfield@prosper-isd.net](mailto:jcdangerfield@prosper-isd.net) - **Pole Vault**
  - Asst Track - Brian Brizendine, [bkbrizendine@prosper-isd.net](mailto:bkbrizendine@prosper-isd.net) - **Discus**
  - Asst Track - Kacie Hickman, [kjhickman@prosper-isd.net](mailto:kjhickman@prosper-isd.net) - **Triple Jump**
  - Asst Track - Roni Richards, [vprichards@prosper-isd.net](mailto:vprichards@prosper-isd.net) - **Long Distance**
  - Asst Track - Haley Weir, [hdweir@prosper-isd.net](mailto:hdweir@prosper-isd.net) - **Shot Put**
4. **When are practice times?** **Girls:** Sprint practices will be conducted during the class period. Girls relays will be conducted on block days during the class period (this could change). **Boys:** sprint practices will be conducted during the class period. Boys relays will be conducted on block days or after school (Tentative to change). **Field events/hurdles/Long distance** will be practiced after school until 4:30pm (approximately depends on the coach).
5. **Will my child need track shoes (spikes or throwing shoes)?** It is not required. We will let that be a family decision. If you do choose to purchase track shoes, please make sure that the convenient track bags to transport the shoes are tagged with your child's first/last name, and school name. This way if they get left behind we can find the rightful owner. Also, the track bags are usually the same statewide depending on the brand.
6. **My child is interested but we have a conflict of interest on a practice/meet night, can they still participate?** Yes. Please have your child talk to that particular event coach.
7. **Will I need to sign out my child at the end of track meets?** All Rogers 2022 track meets (except Districts) will be held in Prosper. Field events only athlete must check in with their coaches to be verbally cleared and released to go home. **ALL** athletes who are running **MUST** check in with Coach Forrest (girls) or Coach Johnson (boys) to be verbally cleared and released to go home. Since we are at a Prosper site there will be no need for athletes to have their parents sign them out. **DISTRICT MEET: There will be a QR code for athletes parents to sign out that the coaches will have.**
8. **What do I need to do if my child is injured?:** ALL athletes must inform their coach if an injury has happened regardless if the injury has occurred during or after school hours. If your child will be attending PHS please contact the PHS trainers <https://www.prosper-isd.net/athletictrainers>. If your child will be attending RHHS please contact RHHS trainers <https://www.prosper-isd.net/Page/22589>.

9. **When will I know if my child is participating in this week's meet?** Please talk to your child. Sometimes meet participants aren't finalized until that evening the day before a meet. However the head coaches will try to have meet participants posted by the end of the day the day before the meet on Sports You.
10. **Will I need to bring food for my child on the day of the track meet?** That is a family decision. If you will be dropping off food, please drop off food by 2:30pm. Due to covid, drop off points have changed. **Girls** drop off are the doors off the athletic hallway in the front loop (east side of building). **Boys** drop off are the doors off the athletic hallway by the stairs (north side of building).
11. **I'm interested in several field events. What do I do?** First make sure that each of those coaches are aware that you are interested in trying out. Second make arrangements with those coaches and let them know what day you will be trying out. For example, you told each coach that you were interested in High Jump, Triple Jump and Long jump. Monday you went and tried high jump. Tuesday you tried long jump and Wednesday you tried triple jump.
12. **It's raining, will we still have after school track practice?** Yes we will be inside the gyms, weight room etc...
13. **It's raining on the day of the meet, is it canceled?** We won't know until we receive word from the district athletic director. If it's canceled before we leave school we will make an all school announcement. Students will then have time to contact parents for arrangement of pickup or get on the bus. It will then be posted on Sports You.
14. **If a meet gets canceled will we make it up?** District meet will be the only meet that gets rescheduled.